ST. CLAIR COUNTY HEALTH DEPARTMENT

PORT HURON COMMUNITY ADVISORY COUNCIL

MEETING MINUTES

Sept 25th 2024

ATTENDED: Sarah Cliff, Kaitlyn McDonald, Kaylee E, Fletcher E

I. Welcome and Introductions

- a. Meeting started at 5p
- b. Sign and introductions: 2 students present. Introduced Teen Health staff and their roles in the clinic

II. Approval of agenda

a. Agenda approved without revisions

III. Business

- a. Purpose of CAC
 - i. By-laws
 - ii. Goals for the CAC
 - iii. Frequency of meetings

b. Clinic Updates

- i. Services
- ii. Teen Health Center provides primary and preventative health care services for adolescents ages 10-21
- iii. Includes counseling services through our licensed social worker
- iv. Consent and confidentiality
- v. Explanation of data from the quarter, including physical clinics
- vi. Community involvement over the summer: open houses and 4H Fair

c. Upcoming Events

- i. New programs being introduced: Signs of Suicide and Fatal Vision THC
- ii. Suicide Prevention Walk: possibility for student volunteers at Health Department table

d. Input

i. Students suggested that the CAC holds more meetings to increase opportunities for them to be involved

ii. Students provided feedback about Teen Health advertising: simple flyers, social media, emails, newsletters. Not all students are aware of the clinic and what services are available

IV. <u>Current Issues/Open discussion</u>

a. Students are wanting to volunteer with the clinic. Teen Health staff suggested opportunities related to awareness months: students can design bulletin boards in the clinic

V. Adjournment

a. Adjourned at 6:00 pm

VI. Next meeting

- a. Wednesday December 11, 2024 from 5:00-6:00 PM at the Teen Health Center
- b. Zoom option will also be available